



MFLO JOZI



John 15:12

THEME CARDS

#mflojozi2022
#LoveistheWay

THEME DESCRIPTION



SCRIPTURE QUOTES



RESOURCES



ACTIVITIES



MAR '22

FAMILY RENOVATION

FREE TO LOVE



In the spirit of Lent we focus on renewing our families spiritually (inspired by Lent). When we closely examine our family spirituality, we very likely find harmful practices/habits and see the need for improvement and repentance. Under the theme of 'Love is the Way', what are the harmful habits in our families that hinder us from loving one another more? What can we do to free ourselves from such obstacles to love?

From that time on Jesus began to preach, "Repent, for the kingdom of heaven is at hand." (Mt 4:17)
Take heed to yourselves; if your brother sins, rebuke him, and if he repents, forgive him (Lk 17:3)
Bear fruit that befits repentance (Mt 3:8)

Repent therefore, and turn again, that your sins may be blotted out, that times of refreshing may come from the presence of the Lord (Acts 3:19)
Or do you presume upon the riches of his kindness and forbearance and patience? Do you not know that God's kindness is meant to lead you to repentance? (Rom 2:4)

For godly grief produces a repentance that leads to salvation and brings no regret, but worldly grief produces death. (2 Cor 7:10)
Remember then from what you have fallen, repent and do the works you did at first. If not, I will come to you and remove your lampstand from its place, unless you repent. (Rev 2:5)
But by your hard and impenitent heart you are storing up wrath for yourself on the day of wrath when God's righteous judgment will be revealed. (Rom 2:5)



- [Excuse me, thank you, sorry](#) by WMQF2022
- [What Catholic couples can do during Lent](#) by Surprised by Marriage
- [Lenten Ideas for Your Family](#) by LoveToKnow.com
- [Lenten Activities for Families and Children](#) by Strong Holy Catholic Family
- [Looking to Jesus: The Vocation of the Family \(Ch 3 of Amoris Laetitia\)](#) by Pope Francis
- [10 Things you can do \(or give up\) for Lent as a Family](#) by A Mother Far From Home
- [The Spirituality of Marriage and Family Life \(Ch 9 of Amoris Laetitia\)](#) by Pope Francis
- [Lent Guide for Families](#) by Ascetic Life of Motherhood
- [March Thoughts for the Day](#) by Marfam
- [Lenten Activities for Kids and Families](#) by Real Life at Home

More ideas & resources?
Google with the Ghost
Chat to people
Pray



PARISH FAMILY

- Recruit some families and/or individual family members to share their Lenten ventures with the community, and why they are undertaking them. This is not for purposes of boasting, but rather for inspiring others. Keep it short and simple.
- Make use of Ash Wednesday to inspire your parish community not only as individuals but also as couples, parents, kids and teens to see Lent as an opportunity to heal and grow our relationships and homes. This can be done during the homily or another parish communication platform.
- Planning a Lenten parish program? How does marriage and family life renewal feature therein? Not planning one? It can be fun – and life-changing!

HOME FAMILY

- Browse the many creative ideas and suggestions on the sites listed in the resource box above (and more), discern what works for your family, plan it and COMMIT to it. Remember the goal is to free yourself to love more.
- Do not underestimate the power of praying together in your home. Sit down and open up with one another regarding the obstacles hindering you from growing in love as a family. Is going to Mass, Adoration and Confession as a family a habit?

