



**MFLO JOZI**



**THEME CARDS**

#mflojozi2022  
#LoveistheWay

THEME DESCRIPTION



SCRIPTURE QUOTES



RESOURCES

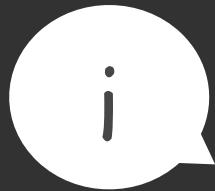


ACTIVITIES



FEB '22

# MARRIAGE THIS IS MY BODY



Matrimony is a Sacrament and therefore a very powerful sign of love. Under the theme of 'Family Love: a Vocation and a Path to Holiness', we dive more into understanding and celebrating the sacramentality of marriage. How can the love between husband and wife best reflect that of Christ for his Church/Bride?



But from the beginning of creation, 'God made them male and female.' 'For this reason a man shall leave his father and mother and be joined to his wife, (Mk 10:6-7)

They are no longer two but one flesh. What therefore God has joined together, let not man put asunder. (Mt 19:6)

This mystery is a profound one, and I am saying that it refers to Christ and the church; however, let each one of you love his wife as himself, and let the wife see that she respects her husband. (Eph 5:32-33)

Let marriage be held in honour among all, and let the marriage bed be undefiled; for God will judge the immoral and adulterous. (Heb 13:4)

For your hardness of heart Moses allowed you to divorce your wives, but from the beginning it was not so. (Mt 19:8)

Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong, but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things. Love never ends. (1 Cor 13:4-8).



[Looking to Jesus: The Vocation of the Family \(Ch 3 of Amoris Laetitia\)](#) by Pope Francis

[Love in Marriage \(Ch 4 of Amoris Laetitia\)](#) by Pope Francis

[Letter to Married Couples for the Amoris Laetitia Year of the Family](#) by Pope Francis

[The Spirituality of Marriage and Family Life \(Ch 9 of Amoris Laetitia\)](#) by Pope Francis

[Called to Love: John Paul II's Theology of Human Love](#) by Katrina F. Ten Eyck and Michelle K. Borrás

[The Sacrament of Matrimony](#) in the Catechism of the Catholic Church

[February Thoughts for the Day](#) by Marfam

[Marriage Episodes](#) by Restore the Glory Podcast

[Married Life](#) by ForYourMarriage.Org



### Parish Family

- Organise a simple couples date night dinner either in your parish hall or a different venue. Consider starting with a Mass and include a renewal of matrimonial vows ceremony. You can keep it both economical and creative to keep costs low and fruitful participation high.
- Consider a retreat or series of teaching nights focussed on Marriage. Invite youth, young adults, engaged and married couples, as well as widowed and divorced individuals. Make room for dialogue and testimonies from diverse experiences and individuals. Part of your dynamics can also include listening circles as taught through the Synod on Synodality process. You can find guidance [HERE](#).
- Choose a Sunday Mass to celebrate Marriage as a parish community. Prepare married/widowed/divorced couples/individuals to give testimonies to share their joys, sorrows, struggles and triumphs in marriage. Include a renewal of matrimonial vows ceremony.

### Home Family

- Plan a private date night as a married couple. Be creative and prayerful and, unless already so, consider instituting a monthly date night.
  - Discuss ways in which you can celebrate your anniversary in life-giving and inspiring ways.
- Make use of family dinner time and prayer time to talk about marriage. Allow your family members to ask questions. In situations of grave brokenness, this can be a good opportunity to take active steps towards healing and transformation for your marriage and family life.